

KEARNEY PUBLIC SCHOOLS COUNSELING CONTACTS

Kearney High School

- Crystal Zimmerman: A-F Counselor cryzimmerman@kearneycats.com 402- 302-1632
- Jason Owens: G-L Counselor jasowens@kearneycats.com 402-772-0704
- Alecia Boyd: M-R Counselor aleboyd@kearneycats.com 402-726-1749
- Tanya Holoubeck: S-Z Counselor tanholoubeck@kearneycats.com (402-752-0764)
- Nikki Peterson: Social Worker nicpeterson@kearneycats.com

Kearney Middle Schools

- Kent Sughroue: Horizon Counselor kensughroue@kearneycats.com 308-698-8126
- Jessica Walters: Horizon Social Worker jeswalters@kearneycats.com
- Lynette Womeldorf: Sunrise Counselor lynwomeldorf@kearneycats.com
- Patti Bennett: Sunrise Social Worker patbennett@kearneycat.com 402-522-6330

KPS Elementary Schools Counselors

- Bryant - Valerie Nigro valnigro@kearneycats.com 402-356-1757
- Central - Teresa Cordes tercordes@kearneycats.com 308-440-1619
- Buffalo Hills & Glenwood - Jennifer Riedel jenriedel@kearneycats.com 402-752-0709
- Meadowlark - Karmen Sharff-Sears karsharffsears@kearneycats.com 402-752-0695
- Park - Debbie Merz debmerz@kearneycats.com 308-293-1289
- Kenwood - Mary Fruhling marfruhling@kearneycats.com
- Emerson - Ginny Klingelhofer virklingelhofer@kearneycats.com
- Northeast - Terrie Maloley termaloley@kearneycats.com 308-440-4881
- Windy Hills & Park - Julia Beckstrand julbeckstrand@kearneycats.com 402-627-0801

KPS Elementary Social Workers-

- Bryant & Kenwood - Jaylynn Graham jaygraham@kearneycats.com 402-302-2716
- Buffalo Hills & Kearney Ed Center-Morgan Bird morbird@kearneycats.com 913-788-1137
- Meadowlark, Park, Windy Hills- Lori McCollough lormccolough@kearneycats.com 402-765-8196
- Emerson - Lori McArthur lormcarthur@kearneycats.com 402-433-0607
- Central & Northeast -Jessica Grasz: Social Worker jesgrasz@kearneycats.com 612-568-8452

MENTAL HEALTH RESOURCES

Talking to Children About COVID-19

A Parent Resource ([English](#)) ([Spanish](#))

Talking to your Child about Coronavirus

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

Transition to Home Learning

<https://www.learningpersonalized.com/5-tips-for-families-as-they-transition-to-home-learning/>

Boys Town National Hotline

Call: 800-448-3000

Text: "Voice" To 20121

Chat: YOURLIFEYOURVOICE.ORG

Email: YLYV@BOYSTOWN.ORG

South Central Behavioral Services 308-237-5951

Richard Young Behavioral Health Hospital 308-865-2000

Nebraska Suicide Prevention Lifelong 800-273-8255

Nebraska Abuse and Neglect Hotline 800-652-1999

Nebraska Family Helpline 888-866-8660

National Crisis Text Line "Go" 741-741

EDUCATIONAL RESOURCES

Mystery Doug Germs

Video: <https://mysterydoug.com/mysteries/germs?loc=mini-lesson-button#slide-id-8135>

BrainPop

Coronavirus: <https://www.brainpop.com/health/diseases/injuriesandconditions/coronavirus/>

Coronavirus Social Story

<https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html>

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

https://www.youtube.com/watch?time_continue=218&v=kiVpWZBXLug&feature=emb_logo

Simple Language on Coronavirus

([English](#)) ([Spanish](#))

FOOD AND OTHER RESOURCES

Jubilee Food Pantry

The Jubilee Food Pantry is operating and there is food available. Hours: Mon - Wed - Fri: 1pm to 5pm/Tue: 9am to 1pm/Sat 10am to 2pm

Thursday Jubilee Community Meals:

The food providers will bring the dishes to the Jubilee and we will create take away meals that can be picked or delivered if requested between 5:30p and 6:30p.

Home 4 Now Bags!

Are you needing extra help with food during your kiddos' Spring Break being extended? If so, please come to the Storehouse to grab our "Home 4 Now Bags"! These are stocked with kid-friendly foods to assist you during these weeks.

Storehouse

At the Kearney eFree Church
4010 7th Avenue, Kearney, NE
North Doors – Door #12

Pick-up Hours:

MONDAYS: 10:30am-11:30am

WEDNESDAYS: 12:00pm-1:00pm

THURSDAYS: 5:00pm-6:00pm

FRIDAY: 10:30am-11:30am

Hot Meals USA

Cooking noon meal 11am-2pm

Kearney Jubilee Center

2523 A Avenue, Kearney

Call for delivery 308-440-7836.

IF YOU WANT TO MAKE A DONATION

Kearney Jubilee Center

2523 Avenue A, Kearney, NE 68847

[\(308\) 234-3880](tel:3082343880)

The Salvation Army of Kearney

1719 Central Ave, Kearney, NE

6884 [\(308\) 234-9998](tel:3082349998)

To sponsor meals or donate

Mom and Dad's BBQ or Hotmealsusa.com or call 308-440-7836.