

Kearney Public Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 1, 2019 thru Sep 30, 2019

Elementary Breakfast

Generated on: 8/23/2019 11:55:57 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 09/03/2019								
Elementary Breakfast	Total	2						
Yogurt Parfait - SR	1 Each	1	238	134	6.25	51.12	1.66	0.26
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			508	342	15.19	97.61	7.86	2.86
% of Calories					12.0%	76.9%	13.9%	5.1%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Wed - 09/04/2019								
Elementary Breakfast	Total	2						
Sausage Biscuit SR	1 Each	1	245	796	10.0	24.0	12.0	6.30
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			511	674	17.06	84.05	13.03	5.88
% of Calories					13.4%	65.8%	22.9%	10.4%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 09/05/2019								
Elementary Breakfast	Total	2						
Breakfast Pizza	1 each	1	220	480	10.0	27.0	8.0	2.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	cup	2	122	157	8.0	21.15	0.47	0.28
Weighted Daily Average			477	527	16.55	85.32	8.72	2.40
% of Calories					13.9%	71.5%	16.4%	4.5%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 09/06/2019								
Elementary Breakfast	Total	2						
Muffin Wild Blueberry WGR - Ot	1 each	1	190	130	3.0	30.0	6.0	2.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			484	341	13.56	87.05	10.03	3.73
% of Calories					11.2%	72.0%	18.7%	6.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 09/09/2019								
Elementary Breakfast	Total	2						
Waffle Stix - WGR Belgian Chef	3 Each	1	180	247	3.75	28.5	5.25	0.75
Sausage C	serving	1	75	216	6.0	1.0	5.0	1.80
Cereal Cinnamon Toasters	1 each	0	120	130	1.0	22.0	3.5	0.50
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Toasty O's	1 each	1	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
SYRUP,PANCAKE	Serving	1	46	16	0.0	12.06	0.0	0.00
Weighted Daily Average			519	495	17.44	88.83	11.15	3.76
% of Calories					13.4%	68.4%	19.3%	6.5%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Tue - 09/10/2019								
Elementary Breakfast	Total	2						
Donut Mini Chocolate WGR	Package	1	320	270	5.0	41.0	15.0	7.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			549	411	14.56	92.55	14.53	6.23
% of Calories					10.6%	67.5%	23.8%	10.2%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 09/11/2019								
Elementary Breakfast	Total	2						
Pancakes, Mini Maple Pouch WG	Serving	1	220	130	4.0	39.0	6.0	0.50
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			499	341	14.06	91.55	10.03	2.98
% of Calories					11.3%	73.4%	18.1%	5.4%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 09/12/2019								
Elementary Breakfast	Total	2						
Scrambled Eggs with Cheese SR	3 OZ	1	192	259	16.51	0.65	12.87	5.59
Potato, Tri Tater	1 Each	1	114	320	1.14	16.0	4.57	0.57
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			542	565	20.89	80.37	15.75	5.81
% of Calories					15.4%	59.4%	26.2%	9.7%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 09/13/2019								
Elementary Breakfast	Total	2						
Cinnamon Roll 2.5oz Baker Boy	1 each	1	220	291	5.06	41.63	5.02	2.01
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			499	421	14.59	92.87	9.53	3.74
% of Calories					11.7%	74.5%	17.2%	6.7%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 09/16/2019								
Elementary Breakfast	Total	2						
French Toast Sticks Sunny Fres	3 each	1	210	310	8.0	28.01	7.0	2.00
Cereal Cinnamon Toasters	1 each	0	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Oat Blenders	1 each	0	110	140	2.0	24.0	1.0	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	21.15	0.47	0.28
SYRUP.PANCAKE	Serving	1	46	16	0.0	12.06	0.0	0.00
Weighted Daily Average			435	385	15.05	80.86	6.47	2.15
% of Calories					13.8%	74.3%	13.4%	4.4%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 09/17/2019								
Elementary Breakfast	Total	2						
Ham & Cheese Pinwheel SR	1 Each	1	259	751	14.43	30.7	10.35	4.03
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	21.15	0.47	0.28
Weighted Daily Average			497	662	18.76	87.17	9.89	3.41
% of Calories					15.1%	70.1%	17.9%	6.2%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 09/18/2019								
Elementary Breakfast	Total	2						
Omelet, Cheese	1 Each	1	110	210	8.0	1.0	8.0	3.00
Potato, Tri Tater	1 Each	1	114	320	1.14	16.0	4.57	0.57
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	21.15	0.47	0.28
Weighted Daily Average			480	552	16.12	80.32	11.00	3.19
% of Calories					13.4%	67.0%	20.6%	6.0%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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Thu - 09/19/2019								
Elementary Breakfast	Total	2						
Breakfast Burrito SR	1 Each	1	359	571	20.51	31.19	15.87	5.59
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	21.15	0.47	0.28
Weighted Daily Average			547	572	21.80	87.41	12.65	4.19
% of Calories					15.9%	63.9%	20.8%	6.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 09/20/2019								
Elementary Breakfast	Total	2						
Churros Apple 51% WGR J&J	1 Each	1	150	60	3.0	27.0	4.0	1.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	21.15	0.47	0.28
Weighted Daily Average			442	317	13.05	85.32	6.72	1.90
% of Calories					11.8%	77.1%	13.7%	3.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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Kearney Public Schools

Base Menu Spreadsheet

Portion Values - Detailed

Page 8

Sep 1, 2019 thru Sep 30, 2019

Elementary Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 09/23/2019								
Elementary Breakfast	Total	2						
Oatmeal - SR	1 cup	1	202	200	8.78	34.46	3.59	0.63
Cereal Assorted Bowl Packs	1 each	1	127	182	2.47	26.48	1.89	0.30
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			493	402	17.19	91.52	8.02	2.95
% of Calories					13.9%	74.2%	14.6%	5.4%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Tue - 09/24/2019								
Elementary Breakfast	Total	2						
Sausage Gravy w/Biscuit SR	Serving	1	294	1057	10.0	29.4	13.62	6.30
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	144	146	8.52	21.38	2.78	1.62
Weighted Daily Average			536	804	17.06	86.75	13.84	5.88
% of Calories					12.7%	64.8%	23.3%	9.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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Kearney Public Schools

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 1, 2019 thru Sep 30, 2019

Elementary Breakfast

Generated on: 8/23/2019 11:55:57 AM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 09/30/2019								
Elementary Breakfast	Total	2						
Breakfast Pizza	1 each	1	220	480	10.0	27.0	8.0	2.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit Canned Assorted	1 each	1	61	4	0.32	15.64	0.06	0.00
Fruit, Fresh Assorted	1 EACH	1	76	1	0.78	19.7	0.25	0.06
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	21.15	0.47	0.28
Weighted Daily Average			477	527	16.55	85.32	8.72	2.40
% of Calories					13.9%	71.5%	16.4%	4.5%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Weighted Average			500	490	16.44 13.2%	87.35 69.9%	10.46 18.8%	3.73 6.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	500		350 - 500	100%				
Sodium 1 (mg)	490		540					
Sodium 2 (mg)	490		485					
Protein (g)	16.44	13.16%						
Carbohydrate (g)	87.35	69.92%						
Total Fat (g)	10.46	18.85%	<=30.00%					
Saturated Fat (g)	3.73	6.73%	<10.00%					
							5	Correction Required - Sodium too High

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