


September

KEARNEY HIGH Bearcats

2019

BREAKFAST

Mon	Tue	Wed	Thu	Fri
2 NO SCHOOL Labor Day	3 Breakfast Pizza Cold Cereal Toast, Fruit, Juice, Milk	4 Cheese Omelet Sausage Cold Cereal Toast, Fruit, Juice, Milk	5 French Toast Sticks Cold Cereal Toast, Fruit, Juice, Milk	6 Long Johns Cold Cereal Toast, Fruit, Juice, Milk
9 Sausage Biscuit w/ Gravy Cold Cereal Toast, Fruit, Juice, Milk	10 Ham/Cheese/Egg Muffin Cold Cereal Toast, Fruit, Juice, Milk	11 Dutch Waffle Strawberries & Bananas Cold Cereal Toast, Fruit, Juice, Milk	12 Pancake Sausage on a Stick Tater Tots Cold Cereal Toast, Fruit, Juice, Milk	13 Cinnamon Roll Cold Cereal Toast, Fruit, Juice, Milk
16 Oatmeal Cold Cereal Toast, Fruit, Juice, Milk	17 Chicken Biscuit w/ Gravy Cold Cereal Toast, Fruit, Juice, Milk	18 Pancakes Sausage Cold Cereal Toast, Fruit, Juice, Milk	19 Eggstravaganza Cold Cereal Toast, Fruit, Juice, Milk	20 Long Johns Cold Cereal Toast, Fruit, Juice, Milk
23 Breakfast in a Bowl Cold Cereal Toast, Fruit, Juice, Milk	24 Breakfast Pizza Cold Cereal Toast, Fruit, Juice, Milk	25 11:45 Dismissal Cheese Omelet Sausage Cold Cereal Toast, Fruit, Juice, Milk	26 French Toast Sticks Cold Cereal Toast, Fruit, Juice, Milk	27 NO SCHOOL Conference Comp Day
30 Sausage Biscuit w/ Gravy Cold Cereal Toast, Fruit, Juice, Milk				

Sept. 19 Days
Meal Price \$1.80
Extra Milk \$0.45
Reduced \$5.70
Reg. \$34.20