

Kearney Public Schools

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 01/07/2019								
Elementary Breakfast	Total	2						
Pop Tarts WG	1 each	1	183	185	2.0	37.25	2.63	1.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	20.82	0.55	0.33
Weighted Daily Average			422	377	12.35	80.70	6.03	1.93
% of Calories					11.7%	76.6%	12.9%	4.1%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Tue - 01/08/2019								
Elementary Breakfast	Total	2						
Scrambled Eggs with Cheese SR	3 OZ	1	192	259	16.51	0.65	12.87	5.59
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	20.82	0.55	0.33
Weighted Daily Average			426	414	19.60	62.40	11.15	4.23
% of Calories					18.4%	58.6%	23.6%	8.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 01/09/2019								
Elementary Breakfast	Total	2						
Pancake & Sausage on Stick WG	1 Each	1	200	310	7.0	17.0	10.0	2.50
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	cup	2	122	157	8.0	20.82	0.55	0.33
SYRUP,PANCAKE	Serving	1	46	16	0.0	12.06	0.0	0.00
Weighted Daily Average			453	448	14.85	76.61	9.72	2.68
% of Calories					13.1%	67.6%	19.3%	5.3%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 01/10/2019								
Elementary Breakfast	Total	2						
Muffin Dbl Choc Chip WGR - Oti	1 each	1	180	120	3.0	30.0	5.0	2.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Juice	1/2 cup	1	60	0	0.5	14.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	20.82	0.55	0.33
Weighted Daily Average			390	345	12.60	70.08	7.22	2.43
% of Calories					12.9%	71.8%	16.6%	5.6%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 01/11/2019								
Elementary Breakfast	Total	2						
Breakfast Bread	1 each	1	273	210	5.75	43.75	9.5	1.75
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	1 cup	2	122	157	8.0	20.82	0.55	0.33
Weighted Daily Average			467	390	14.22	83.95	9.47	2.31
% of Calories					12.2%	72.0%	18.3%	4.5%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Mon - 01/14/2019								
Elementary Breakfast	Total	2						
Breakfast Pizza	1 each	1	220	480	10.0	27.0	8.0	2.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			459	514	16.86	75.63	10.76	3.66
% of Calories					14.7%	65.9%	21.1%	7.2%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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Tue - 01/15/2019								
Elementary Breakfast	Total	2						
Breakfast Burrito SR	1 Each	1	359	571	20.51	31.19	15.87	5.59
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			528	559	22.12	77.73	14.70	5.46
% of Calories					16.7%	58.8%	25.0%	9.3%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 01/17/2019								
Elementary Breakfast	Total	2						
Cheese Omelet	1 each	1	110	210	8.0	1.0	8.0	3.00
Potato, Tri Tater	1 Each	1	114	320	1.14	16.0	4.57	0.57
Cereal Cinnamon Toasters	1 each	0	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	1	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			498	580	18.94	74.63	14.38	5.03
% of Calories					15.2%	60.0%	26.0%	9.1%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 01/18/2019								
Elementary Breakfast	Total	2						
Donut - Long John WGR RTI - Ba	1 Each	1	294	361	5.08	38.99	13.02	6.01
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
SYRUP,PANCAKE	Serving	1	46	16	0.0	12.06	0.0	0.00
Weighted Daily Average			575	524	16.40	95.66	15.61	6.51
% of Calories					11.4%	66.5%	24.4%	10.2%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Mon - 01/21/2019								
Elementary Breakfast	Total	2						
Egg Tac-Go	1 Each	1	180	400	10.0	15.0	9.0	3.50
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	1	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	1	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			479	519	17.86	76.63	12.01	4.41
% of Calories					14.9%	64.0%	22.6%	8.3%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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Tue - 01/22/2019								
Elementary Breakfast	Total	2						
Yogurt Parfait - SR	1 Each	1	267	120	7.1	54.79	2.59	0.40
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			539	395	17.41	97.53	10.39	3.70
% of Calories					12.9%	72.4%	17.4%	6.2%
Nutrient Guideline			350-500	540			<=30.0	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 01/23/2019								
Elementary Breakfast	Total	2						
Sausage Biscuit SR	1 Each	1	285	556	11.0	28.0	14.0	6.30
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			548	613	19.36	84.13	16.10	6.65
% of Calories					14.1%	61.4%	26.4%	10.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 01/24/2019								
Elementary Breakfast	Total	2						
Breakfast Pizza	1 each	1	220	480	10.0	27.0	8.0	2.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
Milk, Variety SR	cup	2	122	157	8.0	20.82	0.55	0.33
Weighted Daily Average			497	586	18.35	83.58	11.05	3.27
% of Calories					14.8%	67.3%	20.0%	5.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Fri - 01/25/2019								
Elementary Breakfast	Total	2						
Muffin Wild Blueberry WGR - Ot	1 each	1	190	130	3.0	30.0	6.0	2.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
SYRUP,PANCAKE	Serving	1	46	16	0.0	12.06	0.0	0.00
Weighted Daily Average			523	408	15.36	91.16	12.10	4.50
% of Calories					11.7%	69.7%	20.8%	7.7%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 01/28/2019								
Elementary Breakfast	Total	2						
Waffle Stix - WGR Belgian Chef	3 Each	1	180	247	3.75	28.5	5.25	0.75
Sausage C	serving	1	75	216	6.0	1.0	5.0	1.80
Cereal Cinnamon Toasters	1 each	0	120	130	1.0	22.0	3.5	0.50
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Toasty O's	1 each	1	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
SYRUP,PANCAKE	Serving	1	46	16	0.0	12.06	0.0	0.00
Weighted Daily Average			536	555	19.24	86.91	13.22	4.52
% of Calories					14.4%	64.9%	22.2%	7.6%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Tue - 01/29/2019								
Elementary Breakfast	Total	2						
Donut Mini Chocolate WGR	Package	1	320	270	5.0	41.0	15.0	7.00
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			566	470	16.36	90.63	16.60	7.00
% of Calories					11.6%	64.1%	26.4%	11.1%
Nutrient Guideline			350-500	540			<=30.0	<10.00

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Kearney Public Schools

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 01/30/2019								
Elementary Breakfast	Total	2						
Pancakes, Mini Maple Pouch WG	Serving	1	220	130	4.0	39.0	6.0	0.50
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	2	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	2	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			577	401	16.21	105.39	12.18	3.77
% of Calories					11.2%	73.0%	19.0%	5.9%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Thu - 01/31/2019								
Elementary Breakfast	Total	2						
Scrambled Eggs with Cheese SR	3 OZ	1	192	259	16.51	0.65	12.87	5.59
Potato, Tri Tater	1 Each	1	114	320	1.14	16.0	4.57	0.57
Cereal Cinnamon Toasters	1 each	1	120	130	1.0	22.0	3.5	0.50
Cereal Marshmallow Matey's	1 each	0	109	267	2.96	20.74	1.48	0.00
Cereal Honey Nut Toasty O's	1 each	0	0	0	0.0	0.0	0.0	0.00
Cereal Toasty O's	1 each	0	80	90	2.0	14.0	1.5	0.00
Toast - SR	1 each	2	113	123	4.0	16.0	4.67	1.67
Fruit - Assorted	1 each	1	64	2	0.7	16.52	0.18	0.04
Apple Juice Hiland	1/2 Cup	1	60	0	0.0	15.0	0.0	0.00
Orange Juice Hiland	1/2 cup	1	60	0	1.0	13.0	0.0	0.00
MILK - Variety	HALF PINT	2	140	146	8.52	20.87	2.59	1.56
Weighted Daily Average			558	625	22.69	78.46	17.82	6.58
% of Calories					16.3%	56.2%	28.7%	10.6%
Nutrient Guideline			350-500	540			<=30.0	<10.00

Weighted Average			502	485	17.27	82.88	12.25	4.37
					13.7%	66.0%	21.9%	7.8%

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Kearney Public Schools

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Breakfast

Portion Values - Detailed

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Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Sodm (mg) Shortfall	Protn (g) Overage	Carb (g)	T-Fat (g)	S-Fat (g)	Error Messages (if any)
Calories	502		350 - 500	100%				2			Correction Required - Calories too High
Sodium 1 (mg)	485		540								
Sodium 2 (mg)	485		485								
Protein (g)	17.27	13.75%									
Carbohydrate (g)	82.88	65.99%									
Total Fat (g)	12.25	21.95%	<=30.00%								
Saturated Fat (g)	4.37	7.83%	<10.00%								

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