



**FOR YOUTH DEVELOPMENT®**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**

# PORPOISE CLUB

## SWIM TEAM ACADEMY

SESSIONS RUN SEPTEMBER-MARCH

**Our Certified Coach Jamie Trenkle will focus on intensive swim skill development, as swimmers build endurance & confidence in the water. If you would like to master competitive strokes and develop as an athlete this program is for you.**

### Practice Times:

Monday, Tuesday, Thursdays 4:15-5:00pm

### Cost:

Member: \$25.00 per month

Non-Member; \$50.00 per month

\*Registration available monthly

### Requirements:

Ages: 5+

Swimmers must be able to swim 25yds.

\*Participants will not participate in swim meets.

### What to bring:

- Swim Suit
- Towel
- Goggles
- Water Bottle
- Swim Cap \*Optional



Jamie Trenkle - Swim Team Coach - [jtrenkle@kearneyymca.org](mailto:jtrenkle@kearneyymca.org) - 308.237.9622