



MENTORS. VALUES. POSSIBILITIES.

MVP CAMP

MVP Camp is designed to provide youth, ages 10-14, with a sports-based, positive youth development, summer experience where sports are utilized to teach key character values such as Caring, Safety, Honesty and Responsibility. The camp is offered for 20 days over a period of 4 weeks during the summer. Kids will participate in activities that promote physical fitness, character development, and teamwork. Camp Counselors will serve as positive mentors throughout the camp while emphasizing the Y's core values, sport fundamentals, active participation, and healthy lifestyles in a fun & safe environment.

Camp sports: Basketball, flag football, soccer, track & field, volleyball, weight training, and swimming.

Sports clinics will be led by UNK athletes and coaches when possible.

Fee: \$50 per week— \$200 for entire camp.
 \$25 per week—**For students who qualify for Reduced Lunch @ their school—\$100 for entire camp.**
 Free —**For students who qualify for Free Lunch @ their school**

Transportation and lunch provided on all camp dates

Pick-Up Locations: **Bryant, Emerson, Central, and Northeast Elementary Schools;**
East Lawn Mobile Home Park, ESU 10, Press On Community Center, Educational Opportunity Center

Ages: 10-14

Dates: July 8-August 2 (4 weeks) **Registration Deadline:** July 2

Hours: Monday-Friday 10:00am-2:00pm.

Location: Kearney Family YMCA

Capacity: 70 kids.



FIND US AND CONNECT!



KEARNEY FAMILY YMCA
 4500 6th Avenue
 308.237.9622
 www.kearneyymca.org

This is not a Kearney Public School Event



Program Goals:

- Provide sport and educational opportunities for youth between ages 10-14
- Promote participation over performance in sports and fitness related activities.
- Create an environment where kids have the ability, confidence, and desire to be physically active
- Promote Core Values of Respect, Responsibility, Caring, and Honesty and how they apply in daily lives.
- Teach youth-centered activities in a safe, positive environment that promotes confidence & personal growth.
- Positive Mentorship: Youth will be placed with counselors who will serve as positive mentors throughout the camp while emphasizing the YMCA's core values, sport fundamentals, active participation, and healthy lifestyles.

Key camp components:

Sport Instruction & Play
Daily Lunch Provided

Character Development
Field trips

Physical Activity
Special guest speakers

Reading Time
Swimming

Camp sports include: basketball, flag football, soccer, track & field, volleyball, weight training and swimming.

****The expectation is that all campers are active participants and have fun.** In order to do this, campers must respect each other at all times, have a willingness to learn new things, be a good sports, and follow some simple rules. **

Ages: 10-14 years

Cost: \$200 —(\$50 per week)
\$100— **for students who qualify for Reduced Lunch—(\$25 per week)*
Free — **for students who qualify for Free Lunch*

Dates: July 8–August 2 (4 weeks—20 days) Transportation and lunch provided on all camp dates

Pick-Up Locations: Bryant Elementary, Emerson Elementary, Central Elementary, Northeast Elementary,
East Lawn Mobile Home Park, ESU 10, Press On Community Center, Educational Opportunity Center

Hours: Monday through Friday 10:00am-2:00pm.

Location: Kearney Family YMCA

Lunch: All campers will be served the same provided lunch to eat unless special medical or dietary requests are made in advance.

Attire: All campers are expected to dress appropriately. Examples of appropriate attire consist of shorts, t-shirt, sneakers. No sandals (open-toed shoes) or flip flops will be permitted for any activity, other than swimming.

Swimming: We encourage swimming to become an activity campers learn and use for a lifetime. The YMCA places a special emphasis on swimming because it is an important skill that can save lives; active participation is required by all campers. On swimming days, we encourage kids to wear swimsuits under their clothes and bring a towel.

Sports and Games: Friendly competition can keep kids active, healthy and improve self esteem. We want everyone participating to have a positive experience. Rules are explained and enforced.

Skills Instruction: Coaches will teach the fundamental skills of each activity; campers have the opportunity to learn and practice each skill. Traditional team sports taught at camp include basketball, soccer, flag football, weight training, swimming and volleyball. Other game instruction may include Capture the Flag, kickball, ultimate Frisbee, fishing, etc.

What to Bring: Please label everything so we can more easily return to you if left behind

- *A bag or backpack
- *Water bottle
- *Towel & swimsuit
- *Book or comic book
- *Tennis Shoes
- *Sunscreen(Please apply before camp)

Capacity :70 participants.