

"This is not a Kearney Public Schools Activity".



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM TEAM ACADEMY

PORPOISE CLUB

SESSIONS RUN MONTHLY SEPTEMBER-March

Our Certified Coach Jamie Trenkle will focus on intensive swim skill development, as swimmers build endurance & confidence in the water. If you would like to master competitive strokes and develop as an athlete this program is for you.

Practice Times:

Monday, Tuesday, Thursdays 5:00-5:30pm

Cost:

Member: \$35.00 per month

Non-Member; \$70.00 per month

*Registration available monthly

Requirements:

Ages: 5+

Swimmers must have passed level 4 in Y swim lessons or be able to swim 50yds. (1 lap non-stop)

*Participants will not participate in swim meets.

What to bring:

- Swim Suit
- Towel
- Goggles
- Water Bottle
- Swim Cap *Optional



Jamie Trenkle - Swim Team Coach - jtrenkle@kearneyymca.org - 308.237.9622