

Children's Mental Health Celebration

*...it matters
to this one.*



Come Join Us for an evening of Fun!!

Date: May 16th 2019

Time: 4:30-7:00

Place: National Guard Armory

5710 Airport Road

FREE Family event!

**Fun activities to explore their interests and
experience new things.**

Sloppy Joes and desserts

Door Prizes and Pony Express riders.

Mental Health is essential to overall health. We must treat mental health challenges with the same urgency and respect as we treat physical health challenges. Holistic health depends on our ability to be well, mind and body, which can be achieved through integrated care across systems.

Making a difference!



**For More Information
Call Families CARE
308/237-1102**

Region 3
Behavioral Health Services